

Renaissance College Hong Kong  
Tioman Outdoor Week  
07 - 12 April 2019

Program Guide



# Program Guide

## Renaissance College Hong Kong Tioman Outdoor Week

07 – 12 April 2019

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## 1 Foreword

The following document will serve as a reference and program guide for the school and accompanying teachers; the document outlines specific trip information to assist staff in preparing for an LP program.

This document is to be used in conjunction with the relevant Risk Assessment & Management Plans as well as any other supporting documentation. These will be presented in the specific trip documentation pack.

## 2 Introduction

The purpose of these trips is multi-faceted, yet at the same time, simple in nature. Our objective is to give students an opportunity for a unique, shared experience that not only involves travel and exposure to various places within the region; but also includes a program that is designed to challenge students on various levels. We attempt to bring students out of their “comfort zones” and introduce them to environments and activities that challenge them personally, socially and physically. Ideally these trips will push students’ limits and provide them with an opportunity to face and successfully overcome various forms of challenge.

### Aim:

To provide students opportunity to participate in a multi activity outdoor experiential education program and challenge themselves.

### Objectives:

- Enable students to share experience and build friendships
- Give students opportunity to experience new places away from familiar environments and people
- Give students opportunity to try new activities

## 3 Teacher Roles & Responsibilities

Your primary role as an accompanying teacher is to bring along the values and the ethos of KTJ and to act as a reminder to the students that this is indeed a part of their education and a shared experience amongst fellow classmates. Your approach and attitude throughout the trip will have a major influence on the students and ultimately the final outcome of the entire trip itself. As you will likely have a previous relationship with many of the students, and will continue to see them in school once the trip is over, your role as a caregiver during the trip

is invaluable. Your cultural familiarity and awareness with the students cannot be underestimated and we ask that you help us in managing and dealing with individual and interpersonal behavioural and disciplinary issues. Pastoral care in general should fall into your domain. This includes, but is not limited to, lights-out patrols. Little Planet staff will look to you for support in dealing with these elements of the trip.

Although we do ask that you participate in activities to the greatest extent possible, you will not be expected to take on any responsibility with regards to activities that include any type of safety or technical considerations. In the event of an emergency, your assistance may be requested as required but you will not be expected to participate in anything that you are not comfortable with.

We would strongly encourage you to talk to teachers that have previous experience working with us; gain some understanding of the program destination and what the week should entail in general, and please be in touch if you have any questions or concerns whatsoever.

## 4 Program Information

### 4.1 Program Details

Little Planet will be hosting a group from RCHK for an outdoor experiential education program including SCUBA diving, run from Little Planet's base camp, Riverview, on Tioman Island, Malaysia.

### 4.2 Location & Travel

Riverview, Kg. Juara, Palau Tioman, Pahang, Malaysia.

Flights – The school has arranged it's own flight bookings as follows:

SQ 857 22APR 7 HKGSIN 0800 1150 (TBC)

SQ 2 27APR 5 SINHKG 1830 2215 (TBC)

Little Planet engages a third party Malaysian transport provider, SkyLandSea, for all of our group ground transportation in Singapore and Malaysia. Little Planet has been working with SkyLandSea for a number of years and we have found them to be timely, reliable and their vehicle fleet is generally in good condition. The School's Program Leader / Head Teacher will be provided with driver contact details and vehicle registration plates before the start of the program.

Coach busses will collect the group from Changi Airport Singapore at 13:00pm on Sunday 07 April 2019 (TBC). The coach will transport the group the relevant border crossing (bridge) into Malaysia. The group will have to disembark the coach to pass through both the Singaporean and Malaysian borders. The coach will then proceed with the group directly to the Tioman ferry terminal.

The group will proceed into the terminal whilst a representative of the group will go to the Sun Beach Resort counter where the pre-booked tickets will be waiting. The ferry company, Blue Water Ferries, will already have a manifest of the group and boarding passes will be issued. The group can then board the ferry. Travel time to Tioman is approximately 2 hours. The group will disembark the ferry at Kg. Tekek jetty. This is the main village on Tioman, but is not necessarily the first ferry stop. Please confirm with a Blue Water representative. Little Planet will be waiting for the group on the Kg Tekek jetty. The whole group will then travel by 4x4 utility vehicle to Riverview in Juara Village

The same travel process will be followed on the return of the group from The Riverview back to Hong Kong.

<b>Location</b>	Riverview Juara Village Tioman Island Malaysia
<b>Duration</b>	Sun 07 – Fri 12 April 2019
<b>School</b>	Renaissance College Hong Kong
<b>Age / Gr</b>	15-16 years old
<b># Students</b>	TBC
<b>Activities</b>	Trekking  Camping  Discovery Dives with TDC  Kayaking  Snorkelling  Farm Visit  Juara Turtle Project  Jetty Jump

#### 4.3 Activity Overview

**Trekking** – The group will trek through the rainforest for the morning, have lunch and swim at a waterfall and then trek on the opposite side of the river valley into the campsite. The trek is approximately 4km long, is slightly technical and should take approximately 4 – 5 hours.

**Camping** – Students will camp over night at the Little Planet rainforest campsite, Adventure Island. Students will erect their own tents, prepare and cook their own food over a campfire and be exposed to campfire evening activities.

**Kayaking** – The group will be introduced to the basics of kayaking. Using small ‘sit-on-top’ kayaks the group will learn some basic skills in the estuary before taking a short trip up the estuary.

**Snorkelling** – The group will be introduced to the basics of snorkelling. Students will be led over one of the coral reefs in Juara bay.

**Diving** – The group will be hosted at the Tioman Dive Centre for a day of diving including discovery dives, open water dives and snorkelling.

**Farm visit** – The group will visit the Suka Suka farm which is a small, local agriculture project. Students will be exposed to the basic principles of organic farming, composting and engage in simple farming activities. Students will also be shown and given the opportunity to try some basic traditional food preparation methods.

**Juara Turtle Project** - Students will visit the Juara Turtle Project where they will learn about the plight of sea turtles as well as larger global conservation issues.

**Jetty Jump** – Students will be given the opportunity to jump off the Juara Jetty into the sea. It ranges between 2m – 5m high.

**Juara Olympics** – This is a fun series of games and competitions on the beach in front of the resort.

**Beach Party** – This is loosely structured but well supervised free time in which students can play in the ocean or on the beach in front of the camp.

**Wet Weather Alternatives** – Little Planet has a range of resources for indoor activities that can be conducted indoors in the event of extreme weather.

#### 4.4 Activity Management Plan Overview

Activity specific management plans exist for each activity and are created to outline the overall strategy for the management of the activity, including required safety equipment and level of instructor supervision during the various phases of the activity. Also, included in the activity management plan:

- Any unusual hazards or activity site specific requirements e.g. nearby village or access to fresh water

- Availability and use of alternate routes as required
- Duration and time required for conducting the activity
- Specific communication arrangements

Activity management Plans will be reviewed during instructor training in two days prior to the programs.

#### 4.5 Risk Assessment Overview

Risk Assessments have been carried out for all major activities included in this trip (RCHKRAMP1809)

While these risk assessments attempt to identify the main hazards and risks associated with each activity, they are by no means a comprehensive list of every possible occurrence possible during the activity. Many complex and dynamic factors (e.g. weather, water conditions, participant's mental and physical state etc.) should be continuously influencing our decisions in terms of programming. Situational hazard awareness, experience and ability to adapt, improvise and put suitable risk management strategies and safeguards in place are the most important tools in identifying and mitigating risk during an outdoor activity.

#### 4.6 Itinerary & Groups

Please refer to the attached itinerary. The students will generally remain in one group for the duration of the week, splitting into smaller groups for activities as required.

## 4.7 Packing List

Item	Description	Quantity	✓
Passport	Valid, pre-arranged visa (if necessary)		
Medication	Any necessary prescription medication (epinephrine if anaphylactic)		
Personal hygiene products	Tooth-brush/paste, soap, feminine products		
Sunscreen	SPF 30+, water resistant	> 125ml	
Insect repellent		> 60ml	
Wide-brimmed hat	Necessary for sun protection (sunglasses)	1	
Water bottle	1.5L water bottle	2	
Back-pack	< 20L day pack (dry-bag if necessary)	1	
Back-pack	30 – 40 L for the overnight camping expedition		
Flashlight	Head-lamps are ideal, spare batteries	1	
Water shoes	anything closed-toed that will stay on feet in water	1	
Walking / Running shoes	Good grip / tread. Flat bottomed shoes (i.e. basketball, tennis, skateboarding) are not sufficient	1	
Sandals / flip-flops	Simple footwear for around camp	1	
Raincoat / poncho		1	
Long-sleeve shirt or 'rash-guard'	To be worn during the day, particularly on the water to prevent sun exposure	1	
Long pants / trouser		1	
Sweatshirt / jumper		1	
T-shirt	Lightweight; for the evening - temperature > 20°C	2	
Shorts		2	
Swimsuit	The more coverage the better	2	
Socks & underwear		4	
Towel	For swimming and water activities	1	

## 5 General Information

### 5.1 Little Planet Staff

Little Planet staff possess experience and qualifications in a range of outdoor activities, and consistently demonstrate sound judgement in a wide range of situations and environments.

Instructor Staff- All instructors possess the following certification:

- Valid Wilderness First Aid Certificate
- CPR Lifesaver certificate from a nationally recognized body
- Appropriate level of relevant experience and expertise

Instructors are supported by a team of assistants, apprentices and support staff that play a crucial role in all Little Planet's programs. These staff members are generally local residents or past participants of Little Planet programs who have demonstrated a sincere desire to pursue their interest in outdoor education and who possess the fundamental interpersonal and technical skills to contribute to our programs. Their profound knowledge of the local environment and culture as well as the energy and enthusiasm they bring are instrumental in the success of our programs. They are an integral part of our team.

### 5.2 Staff Student Ratios

In order to provide standard safety practices and achieve learning outcomes, Little Planet ensures a certain staff: student ratio will be maintained on all activities:

- Minimum staff: student ratio of 1:12 for all activities.
- All out of camp activities require at least one member of the accompanying LP staff hold a valid first aid qualification, including basic CPR.
- All water activities require a minimum of 2 LP staff present at all times regardless of the number of participants.

- Certain activities require a lower staff: student ratio. These ratios will be noted in the respective activity risk assessment and management plan.

### 5.3 Participant Equipment

While Little Planet provides all required Personal Protective Equipment (PPE), students are expected to arrive with basic clothing and personal items to keep them protected from the elements. It is the instructor's responsibility to remind the students to carry these items at all times, and to check before all activities. Such personal items include but are not limited to:

- Proper clothing for all land based activities (comfortable trekking clothes, etc.)
- Trekking Shoes – closed toed with a good tread
- Proper clothing for all water based activities
  - Long sleeved rash guards and longer board shorts are preferable
- Water Shoes
- Wide Brimmed hat for sun protection
- Light Rain Jacket
- Sun Cream – spf 30+
- Insect repellent
- Water Bottle – 1 liter minimum
- Small back pack (20-30 L) for out of camp activities

### 5.4 Instructor Equipment

Instructors are required to carry essential group safety gear in addition to any personal PPE required for all out of camp activities. Furthermore, instructors are expected to be familiar with the function and proper usage of all safety equipment. Instructors are also responsible for the inspection, cleaning, and storage of any equipment used, as well as regular maintenance over the duration of the season. The following list is to be used as a checklist of the bare minimum safety equipment an instructor should be carrying on out of camp activities.

Essential Out of Camp Safety Equipment:

- Well Stocked First Aid Kit
- Extra Drinking Water – min 1 liter
- Satellite Phone with dry box and emergency phone number list (with fully charged battery)
- Cell Phone with fully charged battery and a topped-up credit
- Supply of small snacks
- Sunscreen

Trekking Equipment:

- Light Rain Jacket
- Head Torch and spare batteries
- Small tarp – for improvised shelter and/or improvised stretcher
- 10-20 m of light rope – for hand line and/or improvised stretcher

NOTE – This list is the minimum required gear. Certain activities require specialized items, and these will be outlined in the activity management plans below. Instructors must use their best judgement and experience to determine when extra safety equipment is necessary.

### 5.5 Communications

Effective communication is integral to the safe and smooth running of LP outdoor programs, as well as to life in general. There are several ways in which we would like to standardize the flow of information whilst on program.

**Instructors:**

Little Planet instructors should be able to contact the program manager, other instructors, and emergency services at all times, especially during out of camp activities. LP staff has several means of communication available to them and are responsible for carrying cell and sat. phones when necessary.

- Hand-held VHF Radio:

- Line of site communication between Instructors and Guides
- Primary function is group management and close-range communication
- Cell phone service is available:
- A land line is available at the Resort front desk.
- Satellite Phones are available for any out of camp activity and for other emergency purposes:

#### **HQ:**

There are multiple methods of communication during an emergency, including mobile phones (signal not great in some areas), VHF radios and satellite phones. Please refer to the Accident & Emergency Procedure below.

In the case of any incident then LP management should be contacted immediately.

#### **School:**

It is the responsibility of the LP Management to communicate with the lead teacher who in turn will communicate with the school.

#### **Social Media & Photographs**

Little Planet staff are strictly forbidden from taking photos or videos of students and especially from posting any photos or videos related to a Little Planet program on any social media platform.

## **6 Safety**

### **6.1 Emergency Management Procedures**

#### **General Activity Guidelines:**

- LP instructors are to be familiar with the area of activity, particular features, hazards, trail routes etc.
- All groups must carry a fully stocked, comprehensive LP field first-aid kit at all times.
- Before any out-of-camp activity, students will be given a thorough briefing including appropriate behavior and conduct, necessary equipment and an outline of the activity in general
- The importance of being attentive and conscientious throughout any activity should be stressed.

- LP Management should be informed as soon as possible after an incident has occurred and will take the lead in decision making and managing the situation

**In the event of a missing person:**

- Contact Program Leader, if possible.
- Contain the rest of the student group in a safe area.
- Staff will perform a preliminary search of the immediate area, in pairs and carrying communication devices.
- Gather students to obtain pertinent information (last seen, emotional state, relevant incidents etc.)
- Conduct a thorough, organized search of the area, using set search techniques.
- Program Leader will engage contact with the authorities.
- Program Leader will inform all necessary parties. Wherever possible and depending on circumstances, the first call should be made to LP Management.

**In the event of a minor injury:**

- Ensure adequate supervision of the group.
- Ensure safety of the area.
- Assess the extent of the injury
- Stabilize the injured person and administer first-aid to the level of your training
- Monitor the injured person and ensure that the injury is, in fact, minor.
- If the injury persists or worsens, treat injury as major
- Complete an LP Safety Report.

**In the event of a major injury:**

- Ensure adequate supervision of the group.
- Ensure safety of the area.
- Assess the extent of the injury
- Stabilize the injured person and administer first-aid to the level of your training
- Contact Program Leader, if possible, with a full description of the injury, your injured person location and your possible evacuation options

- Continually monitor injured person.
- Program Leader will organize emergency evacuation as well as contact AIG Global Assist / School's own insurance provider for medical support and assistance
- Wait for further instructions from Program Leader.
- Transport injured person to extraction point.
- Transport injured person to medical services or prepare for immediate evacuation.
- Program Leader will inform all necessary parties. Wherever possible and depending on circumstances, the first call should be made to LP Management.
- Complete an LP Safety Report.

### 6.2 Evacuation Plan

LP Management should be informed as soon as possible after an incident has occurred and will work together with the School leadership in decision making and managing the situation.

In the event of a major injury the following procedures for the swift evacuation of the casualty to suitable medical care should be followed:

#### Communication

- LP staff on scene to immediately inform **LP management** of the incident
- **Establish** and Maintain **communication with AIG** 24hr Emergency Assistance Hotline for support, direction and approval / Or work with the school to contact their own pre-approved Insurance/emergency support provider.
- Engage Clinic / Local Police / Emergency Response
- Determine appropriate available options in collaboration with AIG / School's own insurance provider, local emergency services and transportation providers
- Confirm that AIG / Or School's insurance provider have arranged all onward transportation to medical facilities and that Emergency Medical services are on standby

#### Logistics

- Prepare evacuation vehicle – Land: Standby 4x4; Sea: Speedboat
- Proceed to recommended Medical facility

### 6.3 Medical Facility Locations

**Tekek Clinic** (approx. 25 min from resort) +6 013 992 3380

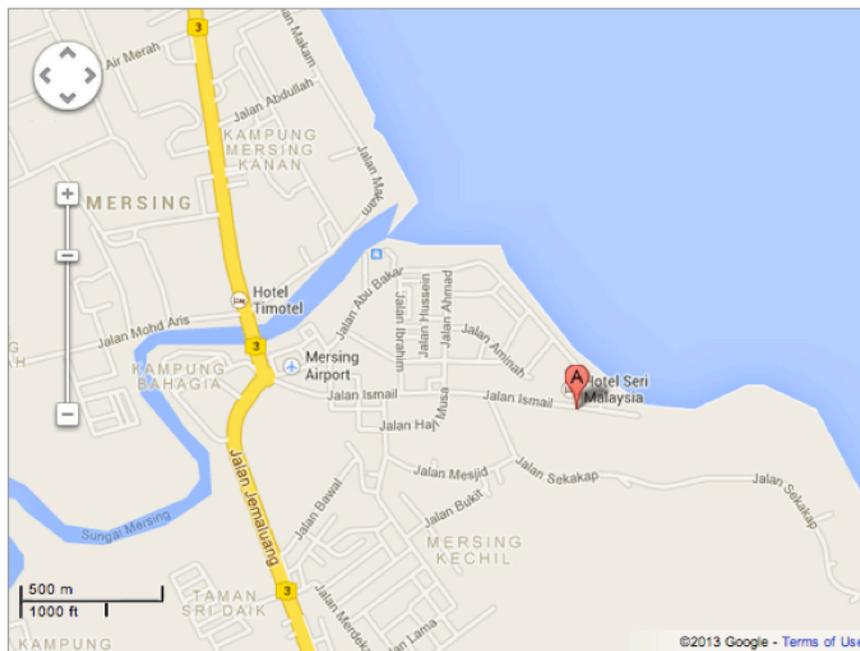
Located on Tekek Main Road, approx. 150m South of the Jetty directly across the road from the Riverside Café and playground. (2°25'5.15" N; 104°9'29.55" E).

Facilities: On-site Medical Doctor, Advanced Life-Support facilities & pharmacy

### Mersing Hospital

Jalan Ismail, 86800 Mersing, Johor, Malaysia (2°25'46.31" N; 103°50'42.63" E)

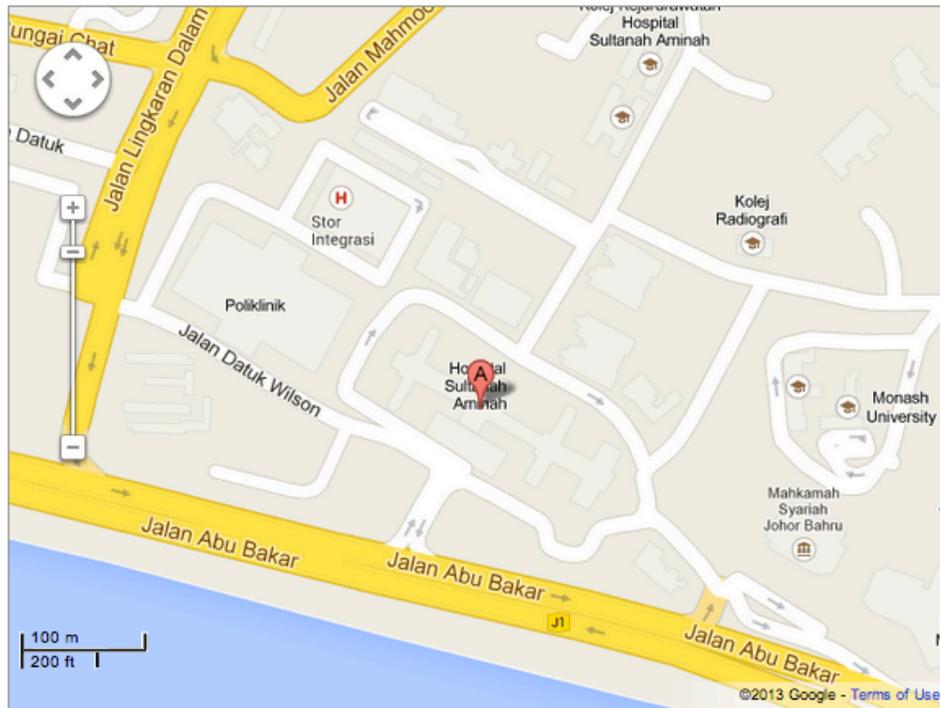
Facilities: Comprehensive medical facilities including surgery and blood bank



**Sultanah Aminah Hospital (Johor Bahru):**

Jalan Persiaran Abu Bakar Sultan, 80100, Johor (1°27'37.25" N; 103°44'42.16E)

**Facilities:** Comprehensive Medical Facilities including surgery, blood bank and Pharmacy. Access to specialized treatment and standard of care



**6.4 Lightning Safety Plan**

Operating in the outdoors carries the inherent risk of exposing ourselves and those we are responsible for to the elements. The following outlines an effective risk management strategy for Little Planet activities in the event that lightning is detected in the vicinity.

It is possible to calculate the proximity of lightning (in kilometers) by timing the number of seconds between the lightning (flash) and the thunder (bang) and dividing that number by three. For example: if one sees lightning, counts 18 seconds then hears thunder; the lightning is 6 km away.  $Km = t(s)/3$

### Prevention

- Monitor local weather patterns and avoid high risk areas when severe weather is expected
- Anticipate changing weather conditions and have contingency plans and alternate routes available
- Postpone activities till the threat of lightning passes.

### Risk Mitigation

If the lightning is within 10km – **30 seconds or less between FLASH and BANG:**

- Immediately find safer terrain.
- The safest place to be is inside a permanent shelter / building or vehicle.
- Descend – avoid high points, peaks, hilltops etc.
- Suspend all water activities until the lightning passes. Sea kayaks and other small craft to get off the water.
- Avoid lone trees or other tall objects.
- In dense jungle or forest avoid tall emergent trees and attempt to stay equidistant from any nearby tree trunks.
- Avoid long conductors – metal pipes, power lines, phone lines, railway tracks, handrails, bridges, wet ropes

If a safer location is not available and the lightning is near by - **< 15 seconds between FLASH and BANG**

- Assume lightning position – **crouch or squat – BE SMALL / GET LOW**
- Spread the group out so that there is 6 – 10m between each group member to avoid multiple casualties / separate instructors on opposite sides of the group
- Sit or crouch as low as possible with your feet together and arms wrapped around your knees.
- If possible, sit on an insulator – foam mat, backpack etc.

**Remain in a safe area and off open water until 30 min from last FLASH or BANG**

### Incident Response:

- Ensure the scene is safe from further threat of lightning

- Follow LP Emergency Management Procedure
- Administer First Aid to level of tainting
- Lightning strike subjects often respond to CPR, treat any persons in cardiac or respiratory arrest immediately
- Anticipate burns, blown eardrums and other traumatic injuries

### 6.5 Recreational Swimming Policy

The following outlines an effective risk management strategy for any recreational swimming activities included in a Little Planet Outdoor Education Trip. These include but are not limited to areas such as the beach, estuaries, rivers, waterfalls, swimming pools, etc. Little Planet staff should adhere strictly to these guidelines at all times during any recreation swimming activity.

#### Before:

- Survey and critically evaluate the area to determine if it is safe for swimming
- Identify
  - Boundaries – easily defined natural boundaries of the swimming area.
  - Hazards – on land, water and submerged – rocks, logs, coral, tree branches, current, waves
  - Entry & Exit points – chosen for ease and safety – clear from hazards
- Consider:
  - depth of water (gradual drop off or sudden drop off)
  - current speed and direction
  - wave size, frequency and power
- Assess
  - Swimming ability of the group
  - Experience of group swimming in particular setting
  - Comfort of participants
- Ensure
  - First-aid kit and any other necessary rescue equipment are easily accessible
  - At least one member of staff is trained in basic first aid and CPR
- **A MINIMUM of 2 staff must be present** to supervise the group at all times.
- The staff to student ration **should not exceed 1:12**

### Participant Briefing.

Participants are to be briefed on the following information prior to entering the water:

- Location of boundaries
- Depth of water and other hazards
- Entry and exit points
- Use of PFDs or other PPE – if deemed necessary by SOP / RAMP / LP staff
- Signals used by staff – whistles, hand signals etc.
- Proper behavior must be observed otherwise you will be told to exit the water.

### During Activity

- Ensure proper supervision and effective communication is maintained with participants
- Two LP staff responsible for supervising:
  - Should not be involved directly in the activity.
  - Remain in the designated positions for best observation of all participants
  - **Conduct regular head counts**
  - Inform any participants of unacceptable or unsafe behavior
  - Ensure participants remain within the designated swimming area
  - Monitor the weather for any changes affecting the activity
  - Ensure non-swimming students are safe and properly supervised.

## 7 Alcohol and Smoking Policy

### 7.1 Alcohol Policy

Little Planet has a zero-tolerance policy towards alcohol consumption whilst on program. Alcohol is not to be consumed the night before or during any Little Planet program. This holds true regardless of the decision for teachers or local providers to consume alcohol.

If a student is found to be drinking, Little Planet Management and subsequently teachers will be informed and

they will take the appropriate action. It is not for LP staff to discipline the students in this area.

## 7.2 Smoking Policy

Smoking during any activity is strictly prohibited. Smoking must be confined to times when the instructor is not in direct contact with students, such as before morning stretches, after meals, shady time, or after the completion of evening activities. Smoking should be discrete, away from all students and teaching staff and essentially go unnoticed. This discretion should extend to not smelling like cigarettes, i.e. breath, hands & clothing.

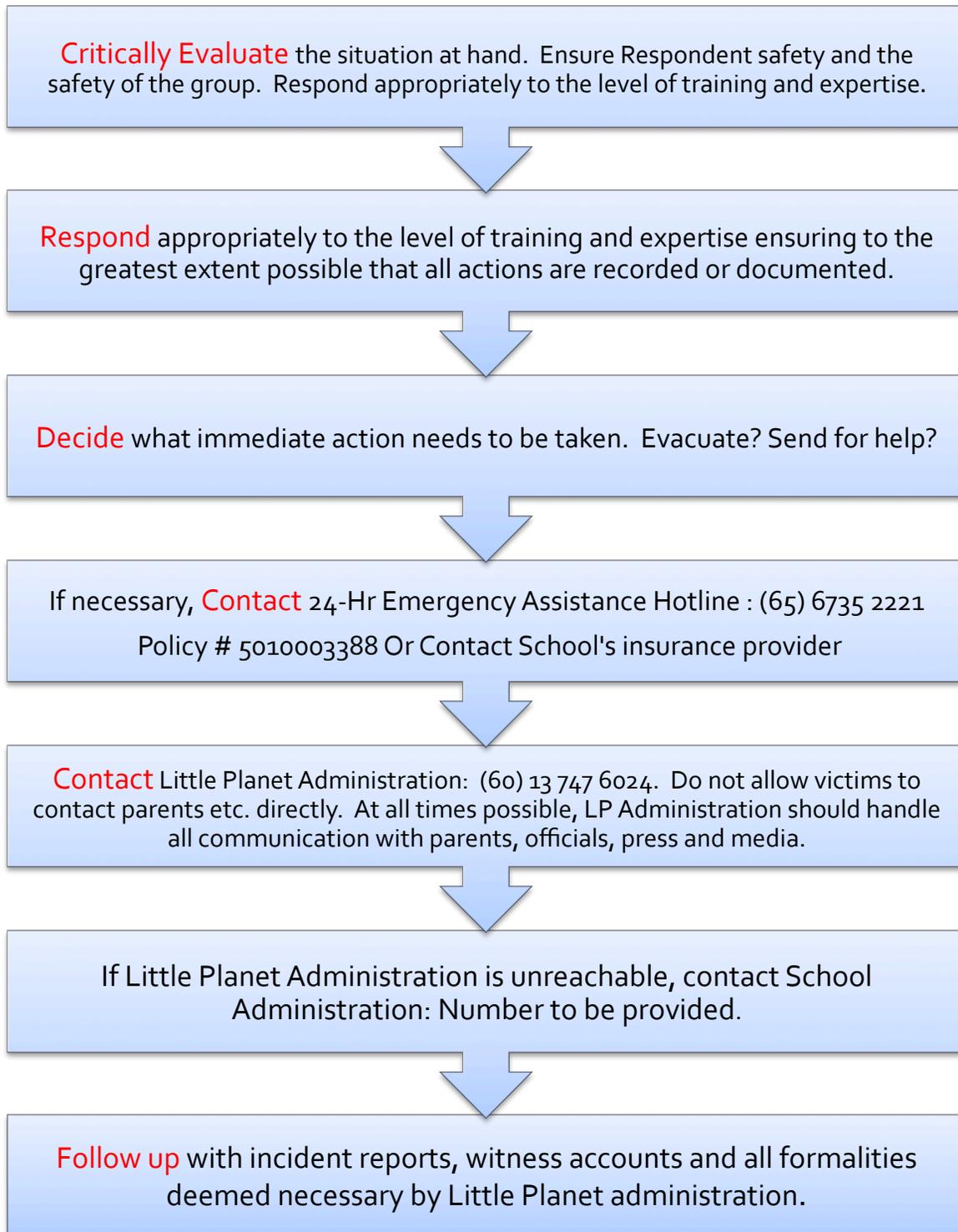
If a student is found to be smoking, Little Planet Management and subsequently teachers will be informed and they will take the appropriate action. It is not for LP staff to discipline the students in this area.

## Appendix

### I Contact Details

Contact Details			
<b>Program</b>	RCHK Tioman 2019		
<b>Program Leader</b>	Matthew		
<b>Date</b>	07 – 12 Apr 2019		
<b>Name</b>	<b>Position</b>	<b>Phone</b>	<b>Email</b>
Simon Amos	LP Director	+60 111 066 2055	<a href="mailto:simon@ourlittleplanet.org">simon@ourlittleplanet.org</a>
Richard Joyner	LP Director	+60 13 747 6024	<a href="mailto:rjoyner@ourlittleplanet.org">rjoyner@ourlittleplanet.org</a>
Matthew Machell-Cox	LP Management	+60 122 424 997	<a href="mailto:matthew@ourlittleplanet.org">matthew@ourlittleplanet.org</a>
Wak Bin Awang	LP Management	+60 13 687 3134	<a href="mailto:wak@ourlittleplanet.org">wak@ourlittleplanet.org</a>
Lagoon (Tioman)		+60 94 193 153	
Riverview (Tioman)		+60 94 193 168	
<b>Emergency Response</b>			
AIG 24-Hr Emergency	Travel Insurance	+65 6735 2221	Policy # 5010003388
Emergency Response Kuantan		112 / 999	
Police Tekek		+6 09 419 1167	
<b>Medical</b>			
Clinic Tekek		+6 09 419 1880	
Clinic Tekek (H/P Dr		+6 010 400 4788	
Berjaya Clinic		+6 09 419 1886	
Sultanah Aminah Hospital (JB)		+6 07 255 7000	
Mersing Hospital		+607 299 3333	
<b>Local Support</b>			
Azi	Driver	+ (6) 013 929 1620	
Botak	Driver	+ (6) 019 904 4947	
Ali	Driver	+ (6) 012 741 2981	
Tobak	Boatman Juara	+ (6) 013 905 8610	
Wak	Boatman Tekek	+ (6) 012 749 6649	
Zalina Jumri	Mainland Logistics	+ (6) 019 708 5055 / +(6) 013 705 7373	

II Emergency Management Procedure Flowchart



III Itinerary

RCHK Tioman - 2019

Time	Day One (Sun) 07/04	Day Two (Mon) 08/04	Day Three (Tues) 09/04	Day Four (Wed) 10/04	Day Five (Thurs.) 11/04	Day Six (Fri) 12/04		
07:00-07:30		Wake-up / Stretches	Wake-up / Stretches	Wake-up / Stretches	Wake-up / Stretches	Wake-up / Cabin Clean-Up / Pack Bags / Breakfast		
07:30-08:00		Breakfast	Breakfast	Breakfast	Breakfast			
08:00-8:30		Cabin Clean-Up		Cabin Clean-Up	Cabin Clean-Up	0800 - 4x4 Transfer to Tekek Ferry		
08:30-09:00	Depart HKG Arrive SIN @ 1300	Packing Session	Camp Take-Down	Travel to Tekek / Discovery Dive & Snorkel w. TDC	Agriculture Project			
09:00-09:30		Turtle Project	Hike to Riverview			Settle In	Jetty Jump	
09:30-10:00								
10:00-10:30								
10:30-11:00								
11:00-11:30		Mentawak Valley Trek	Beach Party			Coach to SIN / Lunch en route		
11:30-12:00	Collect Baggage / Lunch in Airport / Board Coach		Lunch @ Riverview	Lunch @ TDC	Lunch @ Riverview			
12:00-12:30		Waterfall Lunch	Shady Time			Shady Time		
12:30-13:00		Trek Cont'd		Discovery Dive & Snorkel w. TDC / Return to Juara	Juara Olympics	Arrive @ SIN / Check-in		
13:00-13:30	Coach to Mersing	Arrive at Adventure Island / Camp Set-Up	River Kayak / Snorkel Session					
13:30-14:00			Meal Prep. / Campsite Dinner	Free Time			Depart SIN Arrive HKG @ 2215	
14:00-14:30			Shower Time	Shower Time	Shower Time			
14:30-15:00			Dinner @ Riverview	Dinner @ Riverview	Closing Dinner			
15:00-15:30		Campfire	Beach Walk / Stargazing	Town Council	Awards Ceremony			
15:30-16:00		Bed Time	Bed Time	Bed Time	Bed Time			
16:00-16:30					CoCo House			
16:30-17:00								
17:00-17:30								
17:30-18:00	Ferry to Tioman							
18:00-18:30								
18:30-19:00								
19:00-19:30								
19:30-20:00	4x4 Transfer to Juara Lagoon							
20:00-20:30								
20:30-21:00	Welcome / Dinner / Room Allocation							
21:00-21:30								
21:30-22:00								
22:00-22:30	Bed Time							