

HONG KONG YOUNG ADVENTURERS

HONG KONG



HIGHLIGHTS

- Learn fundamental outdoor survival skills through pioneering, navigation and fire building
- Develop kayaking skills
- Build a raft to travel on water
- Gorge trek through technical terrain
- Compete with other teams in a localised adventure race

Location: **TAI TAM, TUNG TSZ**
Accommodation: **DORMS & TENTS**
Length: **4 DAYS 3 NIGHTS**

GOALS

- Team building, team participation & cooperation
- Acceptance of group and personal responsibility
- Appreciate differences in individual performance
- Explore Hong Kong's nature and understand environmental concerns
- Face both physical and social challenges with an open mind
- Experiential learning in a safe and fun environment



GROUP A - TUNG TZE

Students will be split into 2 groups at 2 different locations: Tung Tsz and Tai Tam

Team Building Day

Bus transfer to Tung Tsz Scout Centre

- Introduction to program and location
- Team meetings and goal setting for the week

Afternoon activity rotations:

- Pioneering
- Nature Art Challenge
- Fundamental Navigation

Evening reviews and night activity

Overnight in tents and dorms



Kayaking and Raft Building

Bus transfer to Tai Mei Tuk

- Kayaking:
 - Introduction to kayaking and paddling techniques
- Raft Building:
 - Teams design and build their raft to race on the water
 - Environmental awareness and sustainability

Evening reviews and night activity

Overnight in tents and dorms

Gorge Trek Day

Whole day Bride's Pool Gorge Trek

- Safety and spotting techniques
- Trek past the beautiful rock pools
- Survival and fire building

Evening reviews and night activity

Overnight in tents and dorms



Final Day Taskoneer Challenge

**Both groups to recombine on Day 4

Pack up camp and bus transfer to Ma On Shan picnic area

Taskoneer Challenge for whole year group

- Groups are all tasked with a half day adventure challenge
- Resource prioritisation within set time frame
- Tokens awarded for successfully completed tasks
- Groups build a secret device made from materials purchased

Final reviews & certificates



GROUP B - TAI TAM

Students will be split into 2 groups at 2 different locations: Tung Tsz and Tai Tam

Team Building Day

Bus transfer to Aberdeen Country Park

- Introduction to program and location
- Team meetings and goal setting for the week

Afternoon activity rotations:

- Pioneering
- Nature Art Challenge
- Fundamental Navigation

Bus transfer to Tai Tam Scout Centre

Evening reviews and night activity

Overnight in tents and dorms



Kayaking and Raft Building

- Kayaking:
 - Introduction to kayaking and paddling techniques
- Raft Building:
 - Teams design and build their raft to race on the water
 - Environmental awareness and sustainability

Evening reviews and night activity

Overnight in tents and dorms

Gorge Trek Day

Whole day Tai Tam Gorge Trek

- Safety and spotting techniques
- Trek past the beautiful rock pools
- Survival and fire building

Evening reviews and night activity

Overnight in tents and dorms



Final Day Taskoneer Challenge

**Both groups to recombine on Day 4

Pack up camp and bus transfer to Ma On Shan picnic area

Taskoneer Challenge for whole year group

- Groups are all tasked with a half day adventure challenge
- Resource prioritisation within set time frame
- Tokens awarded for successfully completed tasks
- Groups build a secret device made from purchased materials

Final reviews & certificates



ACCOMMODATION

The youth hostels have dorms with multiple bunk beds along with shower facilities and flushing toilets. The campsites have basic facilities. Both dorms and campsites are safe and secure.

MEALS

We provide healthy, balanced meals with fruit and filtered drinking water throughout the day. Students will help prepare all meals.

EQUIPMENT

APA uses and maintains a high standard of equipment for all of its activities. APA provides their own PFDs (Personal Floatation Devices), ropes, helmets, harnesses and other technical equipment.



SAFETY

All lead APA staff are First Aid qualified and carry radios, mobile phones and first aid kits at all times.

APA follows a safety management system developed from decades of in-house senior team experience and influenced by several leading national governing bodies including: British Canoe Union, New Zealand Outdoor Instructors Award, Association of Canadian Mountain Guides, UK's Mountain Leader Training Board and USA's Rescue 3 International amongst others. APA has developed professional skills training programs for everything from mountain biking to rock rescue and regularly delivers Risk Management courses for international school faculty.

FACILITATION

Our company specializes in facilitation with a high staff to student ratio of 1:12, and 1:6 when using high elements and water based activities. Each group of 10-12 students will have their own APA facilitator for the entire program. Team names, song/chants and team goals will be established and team reflection and reviews carried out after each activity. Certificates will be given at the end of program.

OUR TEAM



COST

Program cost includes accommodation, meals (including snacks and filtered water), all transport during program, experienced facilitators, program delivery, all activity & safety equipment and public liability insurance during activities. Program cost does not include travel to and from the venue on the first and last day of program.

