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18



TO SEEK TO SERVE TO STRIVE

Feature Story:

Photos, Music,
Flowers and Fun

Jie Jie Day Returns to Honor
Domestic Helpers in Grand Style





Photo by Farina Shroff

From the Principal's Desk

Happy Holidays RCHK Family!

What a joy it is for me to share with you the latest edition of RCHK World. The past five months have been generously action-packed with annual student-led service activities as well as new initiatives to involve our students taking action in the community.

Kicking off with our cover story, Jie Jie Day celebration was back with a bang this September with over 300 domestic helpers recognized by our Primary and Secondary students for their gifts of loving care and kindness. This annual student-led service event is the only one of its kind in Hong Kong where "helpers" are acknowledged for their contributions to supporting the family unit. Of course, it wouldn't be October and November at RCHK without the annual Terry Fox Run which again was held twice - once for the RCHK students, teachers and parents and a second time a week later for the wider Hong Kong community. Over 2,200 people ran or walked in the community Terry Fox Run which raised over 800,000 HKD for cancer research here in Hong Kong. This event now enjoys the prestige of being the largest Terry Fox Run outside of Canada - read more in our "Leadership and Service" section!



Pedal Through Perthes was a new fundraiser held at the College in November to raise awareness and capital to aid in the research to cure Perthes - a childhood hip disorder. The Pedal Through Perthes walk, run or bike event was captained by our Year 4 student Jack Farmer, whose mother and RCHK Secondary PHE teacher, Leanne, and her husband Richard helped organise. Also in November, we hosted the Positive Schools Asia conference where 400 primary and secondary educators from 14 nations came to RCHK to participate in workshops and seminars to share methods of incorporating the principles of positive education into the teaching and learning in schools to assure that all children thrive and flourish.

Thank you for your continued support of RCHK. Thanks also for making the time to appreciate the photographs and read the articles contained in these pages detailing some of the extraordinary events at RCHK from August-December.

Sincerely yours,

Dr. Harry Brown
Principal



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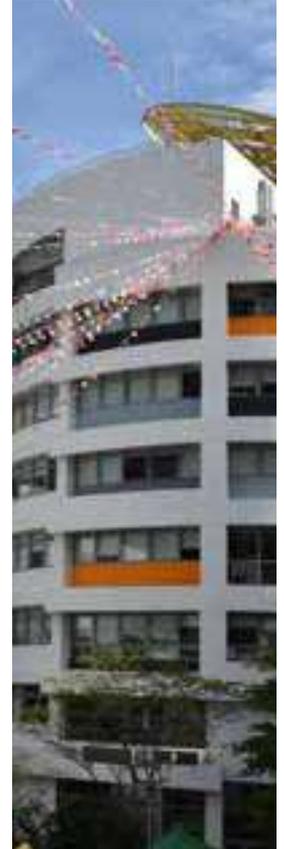
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Newsmakers

Danbe Luk, Alexei Tsui and Rico Leung



A hearty congratulations to Year 2 student Danbe Luk and Year 4 students Alexei Tsui and Rico Leung (featured left to right) for their awards in the Scholastic Chess Hong Kong Tournament held on 17 September 2017! Danbe won first runner-up of Division A, Alexei was the Division B Champion, and Rico was first runner-up of Division A. Great job!

Nicole Chan

Year 11



We are proud to announce that Nicole represented RCHK and Hong Kong in the Junior Zagreb Grand Prix 2017 held in Croatia from 29 September to 1 October 2017. She held her own in the Ladies' Free Skating category, placing 25th out of 35 participants representing 30 countries. Nicole was also recently interviewed at RCHK by SCMP Young Post! You can visit yp.scmp.com to view the article.

Angus Yip

Year 8



In June 2017, Angus attained two notable musical achievements at the Yamaha Electone Festival 2017 held in Hong Kong. The first was the Champion Award of Open Junior Section (9-11 years old), performing his own original composition entitled "Starlight City." He also took home the First Runner-Up Award of the Yamaha Children Music Ensemble. In August, Angus successfully passed the ABRSM Grade 6 Clarinet Examination, and a few months later in October was honoured to be selected as a Hong Kong representative to join the Asia-Pacific Electone Festival 2017 held in Singapore at Junior Section (9-11 Years Old). He reprised his performance of "Starlight City" at the Capitol Theatre in front of an audience of over 800. He was excited and happy to meet lots of new friends from different Asia-Pacific countries who also love to play music. Hearty congratulations and keep up your good work, Angus. The RCHK community, along with your parents, are very proud of your hard work and efforts!

Nathan Hui

Year 9



For nearly two years, Nathan Hui has played the violin in Hong Kong Camerata Strings (HKCS), a chamber ensemble for outstanding young musicians. Since its launch in January 2016, HKCS has been featured in broadcasts on RTHK4 and TVB. HKCS members have been coached by distinguished musicians such as Jeremy Williams (Artistic Director of HKCS), Pavlo Beznosiuk (Leader of the Academy of Ancient Music), James Cuddeford (Concertmaster of Hong Kong Sinfonietta), Richard Bamping (Principal Cellist of the Hong Kong Philharmonic) and Rachel Barton Pine (Recording Artist for Warner Classics, Naxos and other labels.) In June 2016, Nathan was one of the soloists selected to perform with renowned violinist Rachel Barton Pine in Vivaldi's Concerto for Four Violins in B minor. The concert took place at Hysan Place in Causeway Bay. Great job Nathan!

Phoebe Mak

Year 10



From the 8 to 11 September 2017, Phoebe represented RCHK in the biennial ninth Asian Age Group Swimming Championships in Uzbekistan, Tashkent. Over 30 countries were represented with 1000 athletes. This was Phoebe's first experience representing Hong Kong in regional competitions and she participated in two events: 50m Breaststroke and 100m Breaststroke, in which she qualified for both finals and placed sixth and seventh respectively. As a Sports Scholar, Phoebe looks forward to representing RCHK in future competitions and the College community wishes her all the best.

Jack Farmer

Year 4



Spearheaded by our Year 4 student Jack Farmer and his family, Pedal Through Perthes was held on Saturday 11 November 2017. Jack was diagnosed with Perthes last year; a rare childhood condition that affects the hip. Over 200 attendees came out to bike, run and walk a 3km course to support awareness and raise a total of \$46,164 to support Perthes treatment and cure research. Jack and his family will be leaving Hong Kong this December 2017 to enjoy some travel time before returning to their homeland of Edinburgh, Scotland and they will be sorely missed. Best of luck and great job, Jack!

Satvik Shah

Year 13



Warm wishes to our Year 13 student Satvik Shah, who won the Young Talent Award and whose team, of which he led, won the overall 'Innovation of the Year' Award at iDesign, an international design competition that takes place every year in different host countries. This year it was held in Australia on Saturday, 25 November 2017 and had around 60,000 participants competing for only three awards; of which Shah and his team took home two! Participants of all ages, including design firms and university students entered the competition, which is comprised of a five-stage challenge, including product development, market research and strategy, and a final presentation to a panel of 12 professional designers and entrepreneurs. The product that Shah and his team created is a dual-screened tablet; they prototyped and designed its software aimed at students in developing countries. The tablet fulfils three criteria: protecting the environment, development of third world countries and better education for its students. Wonderful job to Shah and his team for representing RCHK excellence!

Leadership and Service

RCHK Community Pitches in For Sunshine Action Food Packing Event

By Jessica Chan and Ji Yuan Hung, Year 13

Students, parents, faculty and staff all gathered on Saturday 16 September 2017 to furiously pack food in the PAC!

RCHK hosted a charity food packaging event as part of the students' CAS Project with Sunshine Action, which is a poverty relief organisation that works to support and contribute food and health supplies to some of the elderly and low-income families living in poverty in Hong Kong.

While preparing for their own food packaging event, the students attended a similar one hosted by the Bradbury School on Hong Kong Island. They learned about the process of collecting food supply donations, promoting the event, finding volunteers, and most importantly, how to successfully host and lead this kind of event. It was definitely an exciting day with so many people involved, and the students knew it would be down to them to make sure everything ran smoothly.

The students then began reaching out to the school community to ask for donations and volunteers. Sunshine Action gave them a goal to pack a total of 3,000 food bags to be distributed, which was a number much bigger than they anticipated! In the month leading up to the event, the students gathered a total of over 500 food items, consisting of honey, soy sauce and cooking oil, and raised over \$5,400 to be donated towards this cause. The students also managed to find over 200 people who were happy to help pack food bags on the day, which they are incredibly grateful for!

The food packing event was a huge success as the students exceeded their goal and packed over 3500 food bags which were distributed across 23 different charities around Hong Kong this fall. The students are immensely grateful for the support and contributions from our school and the wider community, and for the coordination efforts on the part of Lynne Wilson, CAS Coordinator and MYP/DP Mathematics Teacher.



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Running for the Cure: Terry Fox School Event Proves One of the Most Successful in the World

By Bradley Davies, Year 6 Teacher

Since 2013, it has been an honor for RCHK to host the Terry Fox Run, and this year was no exception. Between the two runs - one for the school on Friday, 27 October and one for the community on Saturday, 4 November - almost HK\$900,000 was raised towards cancer research here in Hong Kong!

A quarter of the total funds raised this year came from our School Run specifically, making it one of the most successful Terry Fox charity events in the world; including Canada. This amazing level of support will ensure our current research projects into cures for liver and lung cancer will continue for a second year at Hong Kong University and Chinese University of Hong Kong. These projects are experimenting with less invasive treatment and early detection that will improve survival rates for people suffering from two leading forms of cancer in our city.

Like the Community Run, we also had a record number of participants this year. Thanks to the efforts of the primary PE team, our participants demonstrated even greater determination and endurance in their long distance

walking and running. Special thanks also to the co-chairs of the event, Macy Lau and Jack Ng, who pulled everything together. We also welcomed back Alison Yu, a Hong Kong Paralympic Fencing World Champion, who shared encouragement and inspiration, and participants got to warm up and cool down with RCHK parent and local fitness celebrity Utah Lee! We were also grateful for RAPT's Nutriagent Team, who provided delicious healthy treats for everyone involved. It was evident that the purpose of the event was in the hearts of many.

The Terry Fox Foundation has commented on how our enduring School Run is a model for other schools to follow. In fact, we now have two other international schools in Hong Kong planning their own events, much like our own, to take place in the coming months. All donations from these Terry Fox Runs will continue to be added to our fundraising total for local cancer research.

Thank you, everyone, for keeping Terry Fox's dream of a cancer-free future alive in Hong Kong!





RCHK Attends 31st Annual 24-Hour Pedal Kart Charity

By Cheuk Lun Ko, Year 13

RCHK returned to Pedal Karts in spectacular style on Saturday 4 November 2017 with car number 86 in Victoria Park. This team of 30 was comprised of an engineering division responsible for upgrading, inspecting and repairing the teams' karts, and a driving team, responsible for delivering performance on the track. Drivers took turns pedalling eight or more laps at a time for 24 hours, taking third place and setting the fastest lap in their class! RCHK fended off fourth place by a mere two laps by the end of the race, a tiny margin considering over 700 laps were recorded by the finish! In the weeks leading up to the race the team trained hard on a makeshift track on the school basketball courts, and worked hard on the karts by installing new parts and making repairs. With the groundwork laid this year, the RCHK Pedal Kart is well and truly running and will be eyeing the top step of the podium in the next event!



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Learning 360



YEAR 6 EOTC 2017 – SAI KUNG

By Concettina Ventura, Year 6 Teacher

As part of the holistic nature of our Primary Years Program, we planned an Education Outside the Classroom (EOTC) experience for the Year 6 students in Sai Kung. This was a three-night, four-day experiential learning and outdoor camp run by 'Oceanic Sports Hong Kong Limited' at the Sai Kung Outdoor Training Camp, accompanied by a number of RCHK staff and led by Ms. Ventura. The main aim of the camp was for our Year 6 students to be given the opportunity to experience a wide range of activities that would provide them with challenges that would enable them to move beyond their 'comfort zone' and would support the transition from the PYP to MYP. It would also provide students with a chance to be able to demonstrate their ability to 'live' the IBO Learner Profile and Attitudes in what could be a very unfamiliar environment.

So from Tuesday 31 October to Friday 3 November 2017, a group of 114 students and 12 teachers/EAs set off to Sai Kung in what could only be described as perfect weather! At Pak Tam Chung BBQ site in the Sai Kung Country Park, the students made their own lunch before beginning a long and challenging hike. There was undoubtedly great team spirit among the groups and a sense of camaraderie as students encouraged one another to persevere through some of the challenging parts of the hike. Arriving back at the campsite, students were tired but happy, especially when given the option to buy an ice cream! There was definitely a sense of accomplishment among the students and this set the tone for the rest of the camp.

With the focus on 'adventure' and 'team building' skills, students were able to develop both their personal and interpersonal skills such as problem solving, sharing ideas, dealing with challenges, listening to others, using perseverance and benefit mindset. Divided into 12 groups, students worked cooperatively and

collaboratively to complete the many activities assigned to them over the next few days. Students were given the opportunity to build a Roman Cannon with bamboo and string and thoroughly enjoyed throwing water balloons at both one another and the teachers! For the first time since using Oceanic Sports, a 'water sports' component was introduced to the camp and students were able to get involved in the challenge of raft building, kayaking and stand up paddling. The excitement, enthusiasm and the big smiles on the students' faces at the beach prior to returning to the campsite certainly confirmed that we had made the right choice in introducing these elements into our camp programme.

Students were encouraged to develop their 'thinking skills' to problem solve and use a variety of strategies during the team building games such as the 'marble transfer', 'speed number game', 'octopus galaxy' and

the 'twins tower making'. Team spirit and collaboration also came through as the students took an active role in the competitive games such as 'bubble soccer', 'easy hockey' and 'floor curling'.

There was great food during the camp (e.g. spaghetti, fried rice, noodles, chicken wings, fish and chips, etc), but the BBQ on the second night was even more delicious - hot dogs and delicious smores for everyone!

Throughout the camp, students were encouraged to 'reflect' on the new experiences they had been involved in, and a real sense of belonging developed among the students, camp leaders and teachers/EAs. Building on the work being done in class on 'character strengths', using a 'growth mindset' and 'benefit mindset', we also took the opportunity to use the camp experience as a way of integrating this during the day and asking students to reflect on which strengths they were using the most and how.

"With the focus on 'adventure' and 'team building' skills, students were able to develop both their personal and interpersonal skills such as problem solving, sharing ideas, dealing with challenges, listening to others, using perseverance and benefit mindset."

This is what some of the Year 6 students had to say about their experience at the Sai Kung Camp:

"It was the most amazing camp I have ever been on."

Bernice Chan

"I learned that even though we had to go through some problems, I didn't give up which I thought I might and I actually used a growth mindset."

Chloe Wong

"I realised that I used a growth mindset during camp by always being open-minded during our team activities! Also by being a risk-taker and showing bravery, not to mention I would always try to be happy and to make others happy too. Like spreading a smile."

Elin Jones

"In camp, I learned that I don't give up easily even in a hard situation and I also learned that it's okay to try new things even if you don't want to. I also learned that I sometimes have a growth mindset but sometimes I don't...because I just feel as though as much as I try to complete challenges I just can't do them. Some things that I know now that I didn't know before is if I try my best at some challenges I find that I can complete them and it makes me feel good. Another thing that I found out was that sometimes it's okay to make new friends with other people even if you don't like them, they are annoying to you or they are mean to you."

Jamie Shum

"I learned that sometimes things could get really hard/bad but the only way to solve it is to persevere (not give up)! Now I know that understanding people's perspective is the key to solving the problem and not just by words. Why perspective? Because when you are solving the problem you need to know their viewpoint and why they think that way to be able to solve the problem peacefully!!"

Livia Wong

"In this trip, I learned teamwork is really important especially in the team building games. Some of us had an argument just because we did not have enough teamwork."

Miffy Leung

So to sum up, our EOTC experience in Sai Kung proved to be a rewarding experience for all - a challenging hike, great water sports, a delicious BBQ, a talent show and lots of exciting and challenging activities. We concluded our amazing camp with the 'save the egg' challenge, which allowed each group to collaborate and use their thinking skills to design and make some form of protection for their egg. The eggs were then dropped from a great height to test whether their designs were effective. The students enjoyed testing out their final projects and reflecting on their successes. It was a great way to end our adventure.



Year 6 China Camp Report

By Andrew Holmes Ferguson, Year 6 Teacher

A group of 42 Year 6 students and four teachers set out on Tuesday 31 October 2017 for a four-day excursion to beautiful Yangshou, a remote city in the southeast Guangxi province of China. Day 1 was a long first day of travelling which included riding China's world famous 'bullet train' at an amazing 300 kph!

Once arriving in Yangshou, the students enjoyed a busy two and a half days full of various activities and excursions. Some of the highlights were: rock climbing the famous Guilin mountains, doing Chinese fan painting, eating delicious local cuisine, exploring the downtown of Yangshou through a 'Great Race', as well as visiting a local school for a cultural exchange. The Great Race was an opportunity for students to explore the city to discover artefacts and other hidden treasures using their Mandarin language skills.

While the journey back to Hong Kong was long and tiring, the group still had great appreciation for the amazing learning experiences they had. Collaborating with others, showing open-mindedness and appreciation for other cultures, as well as taking risks were all some of the valuable attitudes developed at camp. The long journey was certainly worth it!





Year 6 Laos CAS Trip 2017

By Bradley Davies, Year 6 Teacher and Tracy Wnek, Year 6 Coordinator

Ten students took the opportunity to visit Laos as part of their YEAR 6 EOTC experience. This was the fifth year in which there has been a Year 6 camp option in Laos. In addition to the two teachers who led and facilitated the camp, each student was also accompanied by one of their parents. The main objective of the camp was to have students develop a greater understanding of the Laotian culture and an awareness of non-governmental organisations (NGOs) operating in this developing country. It was also hoped that the students themselves would take further action in future to support these groups and their worthy projects.

Since the program's inception, Renaissance College has been working in partnership with Community Learning International (CLI) and supporting its goal to provide educational opportunities for children living in rural areas. As a result of the Year 6 students' fundraising efforts, coupled with a donation from the Service Projects @ Renaissance

College (SP@RC) fund, a total of HK\$46,820 was donated to CLI. The ten families who were attending the camp also made their own donations to this worthy cause.

During their six-day stay in Luang Prabang, with the support of CLI, the Year 6 group visited two rural learning centres. Students participated in games, music performances and art activities with local children. There were also opportunities to engage with other NGOs operating in the area, including the Laos Unexploded Ordinance Centre (UXO), the 'Lao Friends Hospital for Children', the 'Free the Bears' rehabilitation centre and the Living Land Organic Farm. Visits were also made to local artisans where students practiced traditional Hmong embroidery and created Saa paper and paper lanterns.

Having returned to Hong Kong, the Year 6 students are eager to continue taking action. They have presented at a school assembly and created display boards to raise awareness of the NGOs which are trying to make a positive difference in Laos. They also sold Laotian handicraft items at the RCHK School Fair on Saturday 2 December 2017 to raise further funds for these organisations.

REAL Week Encourages Year 8 and 10 Students to Problem Solve: Locally and Globally

By Brandy Stern, Vice-Principal, Secondary



November 20 - 24 2017 marked REAL Week for Year 8 and Year 10 students at RCHK. Students engaged in project-based, interdisciplinary learning to address problems both locally and globally during the week. Year 8 students completed a project meant to address one of the problems they identified within their school community; while Year 10 students focused on conceptual projects related to Sustainability and the UN Global Goals.

The focus was not only on exploring these local and global problems, but also on helping students to develop as autonomous learners as well as active participants in the communities to which they belong. They completed workshops, research activities, and set goals for projects of their choosing to address the problems they focused on. Special thanks to Mr. Otto, Mr. Grace, Ms. Ahmed, and Mr. Burdett for organising the week's activities.

This event culminated in exhibitions of the student's work; Year 8 in the new Specialist Centre and Year 10 in the Secondary hubs. Congratulations to all students involved on their hard work and exceptional problem-solving!





RCHK Sports Report

By Kate Nankivell, Athletics Director

The 2017-18 sports year started with a bang for the Black Kites. A new system of signups through Gateway was introduced as well as the procedure following this. It is hoped that this will make things more streamlined in terms of commitment to the registrations and parental consent. Thank you for your patience as we refine this process.

Season 1 offerings included swimming, volleyball, ultimate frisbee, U14 football, netball, rugby and some local league (HKSSF & ESF) basketball. For all sports, subscriptions were high and for the first time, we were faced with the unenviable position of not being able to accommodate everyone. This is something that we are working hard to support through the schools ASA programme.

Season 1 also saw RCHK host the ACAMIS Green division Volleyball tournament in which 6 schools, including the Black Kites, competed from 19-21 October. Schools from Shanghai, Beijing, Taiwan and Hong Kong showed some very high-level volleyball skill across the three days; but ultimately it came down to RCHK versus Beijing Community International School (BCIS) in the Girls and RCHK versus Kaohsiung American School (KAS) in the Boys, fighting it out for the title. I am pleased to report that the RCHK Black Kites won both matches and in doing so were crowned 2017 ACAMIS Green Division Volleyball Champions!

Endria Tai, Sheryl Saw and Qi Qi Li were named on the Girls All Star team and Andrew Tai, Rex Fung and Brian Chia on the Boys All Star team. Brian and Endria were also named tournament Most Valuable Players (MVP) in their respective divisions following a vote by the coaches of all teams.

Season 1 also saw the swim team achieve some outstanding results in the HKSSF competition held on the 19-20 October. Many of our swimmers achieved podium places and for a few some new records. These included Cody Chan, Harold Yick and Jessica Cheng. As of this publication, 21 members of the Black Kites team competed in the Bangkok Patana School Feeding Frenzy Swim meet from 7 to 11 December in place of ACAMIS, for this year as we were seeking a new and varied overseas cultural experience.

In volleyball, of the six teams that we entered in the ISSFHK competition, four made the playoffs and two went on to be named champions. The other two teams came in third. This is evidence of the depth of our programme and the energy surrounding the sport at the College.

Our U14 football teams competed well although this year missed out on making the playoffs. However, the future does look bright with an abundance of enthusiasm for the game and an eagerness to improve. What was pleasing to see was that after years of trying, the goals, which have eluded us for many years, actually started to come - especially for the Girls' team!

Rugby and netball continued to tick along with a focus on overall skill development. Friendly fixtures against similar ability school teams have proven popular and look very much like the way forward for our teams. In rugby the HKSRU format changed somewhat, which saw RCHK paired with Shatin College for the U16 10's competition. This enabled some exciting match ups against larger schools.

Our A & B grade netball teams have been working hard all season under the guidance of Mrs. Catherine Broome and Mrs. Leanne Farmer. They have been involved in the HKSSF competition as well as playing some independently arranged fixtures with other international schools. The latter looks like the way forward for our involvement in netball with more opportunity for games against schools of similar ability. Netball is one of our fastest growing sports at RCHK and it attracts large numbers of girls each season that it is offered. It seems fitting to acknowledge the time and effort of Mrs Leanne Farmer towards the netball programme at RCHK. Mrs Farmer and her family are leaving RCHK and Hong Kong this December 2017 to enjoy some travel time before returning to her homeland of Edinburgh, Scotland. We wish Mrs Farmer and her family well.

At the time of writing, Season 2 has just commenced and will no doubt be a busy season for the Black Kites. We have seven teams entered in basketball, one ball hockey team, two U20 football teams as well as a fencing team. There also seems to be a resurgence in golf with up to 12 students eager to represent the Black Kites in the interschool competitions. It is also in Season 2 that our student officials take centre stage as they give back to the programme by working the table for our home (basketball) games.

Finally in Season 2, ACAMIS Basketball will be held. This year it will be hosted by Kaohsiung American School from 1-3 Feb 2018. Watch for news of the outcome of this tournament and other Season 2 results in our upcoming Black Kite newsletter and social media pages.



Sports

Primary Swim Gala Results

By Sandra Gordon, Primary PE & Sports Coordinator

On Friday 29 September 2017 Year 5 and Year 6 students participated in the annual Primary Swim Gala. Song came out as the overall House winner with 172 points. Qing and Tang tied for second place with 160 points and Ming finished out with 146 points.

In Year 5 Boys, Nicholas Kwan of Song won first place in the 50m Freestyle and Backstroke and the 25m Butterfly; with Axel Wong of Tang taking first place in 50m Breaststroke. In Year 5 Girls, Leanne Tse of Qing won first place in 50m Freestyle and Breaststroke and the 25m Butterfly; with Aspen Kwan of Ming taking first place in the 50m Backstroke.

In Year 6 Boys, Joshua Liu of Song swept up first place in all four categories! There was more variety in Year 6 Girls, with Jade Lok of Song taking first place in the 50m Freestyle, Livia Wong of Tang taking first place in the 50m Backstroke, Kaela Chow of Ming taking first place in the 50m Breaststroke, and Selina Wong of Tang taking first place in the 25m Butterfly. Great job to all the competitors!



The Arts



New Zealand Street Artist Couple Inspires RCHK Students

By Nicole Ma, Year 13 Visual Arts Scholar

On Friday 27 October 2017, the Year 13 Visual Arts students were visited by New Zealand street artists Charles and Janine Williams. As they both pursued art at a young age, they gave insightful knowledge on the creative industry, their motivation behind their artwork and the people they have met along the way. They showed videos of their collaborations with artists worldwide, from local artists in New Zealand on the Paradox Street Art Festival to the Ironlak Family Team in Shenzhen, China, showing the inclusivity of street art. The couple also taught us graffiti art techniques and jargon.

Their urban, contemporary work really resonated with my own personal aesthetic in visual arts and their use of bold colours and lines inspired my next piece of work for my exhibition. I based it off the idea of street style, urban living and adolescent identity, inspired by their early start as street artists. I found their journey from pursuing art as a hobby to a full-time job not only inspirational but also encouraging, as pursuing an art career can often seem intimidating. However, Charles and Janine reminded us of the importance of passion in art, the journey and creation of an artwork and the people you encounter in your artistic journey as what truly matters an artist.



Visiting British Artist Ian Murphy shares Creative Expertise with Year 12 Students

By Hei King Lai, Year 12 Visual Arts Scholar

On Wednesday 11 October and Friday 3 November 2017, the Year 12 Visual Arts students were given the opportunity to meet and work with visiting British artist Ian Murphy. The full-day workshops allowed students to experiment with the techniques Ian uses in his extraordinary pieces.

Ian brought in and showed us some of his artwork, varying in media and size, as well as a few sketchbooks. This allowed students to have an insight on drawing and painting, along with the process on how he produces his art pieces.

Students brought in their own photos of cultural aspects, and worked alongside Ian with his method of drawing. This allows student to explore a different technique and produce pieces based on their photographs.

The workshops presented exceptional and rare opportunities for students to learn, examine and acquire new skills, and allowed students to further develop their artistic knowledge in preparation for the future.



Primary Art Report

By Merry Hamilton, PYP Art Teacher

Primary students began the year with a great range of creative experiences using a variety of art media. Years 2 and 3 have been exploring print making in many forms such as block, crayon and mono, and using jelly plates to create beautiful layered prints. Many of their prints originate with the students drawing and it is a magical process to see their work come to life using different media. Prints by Year 3 were original designs for their character strengths.

Years 5 and 6 started to use art and their imagination as a way to understand and appreciate themselves and their strengths. They used the creative process to explore

relationships with others and identify positive coping strategies and find the hero in themselves. They showed their strengths through a number of projects, such as creating a tree of strength and using modelling clay to create a symbol of strength for themselves.

Year 1 have been working on 'imagination fish' with a focus on using shape and pattern to create their own unique fish puppet. Year 4 students have been exploring the way in which artists can be inspired by nature and created their own inspirational artworks focusing on colour and organic shape.

Lastly, we are all looking forward to using the new art room in the Specialty Centre in the near future and make use of our wonderful new space.

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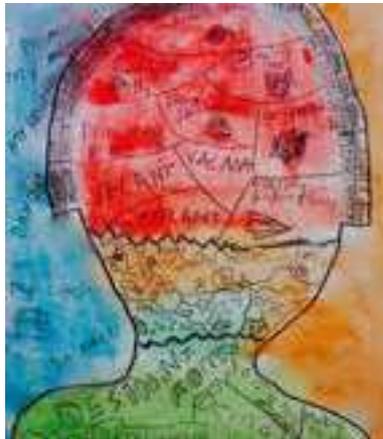
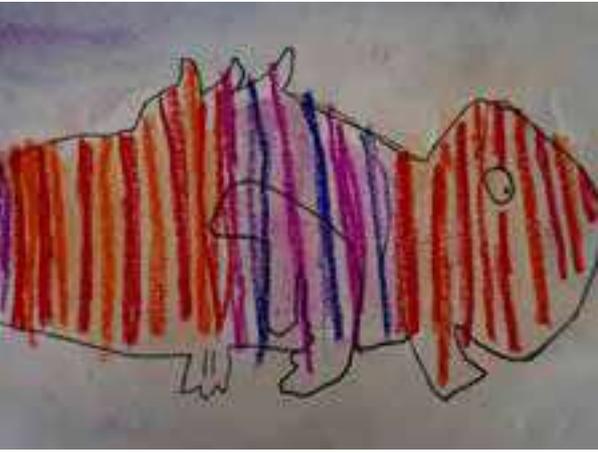


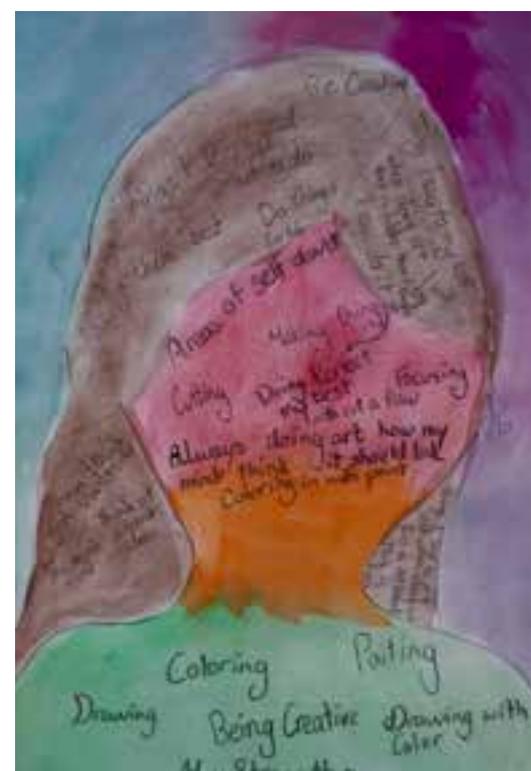
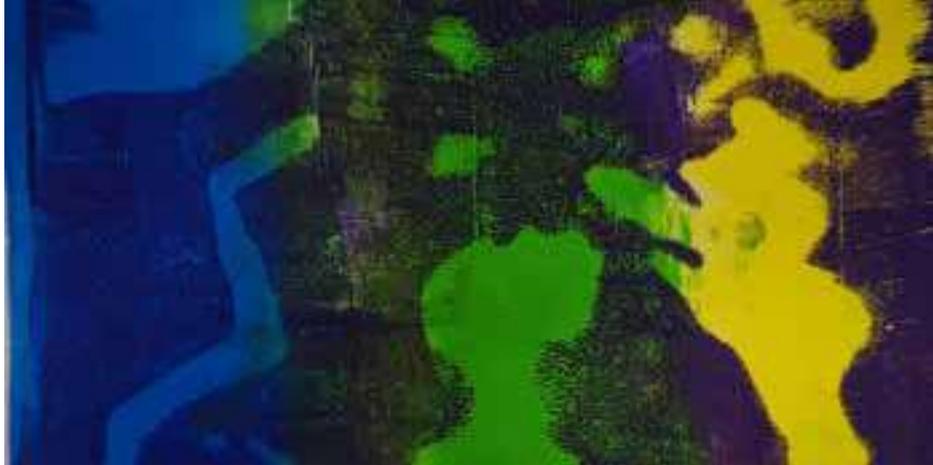
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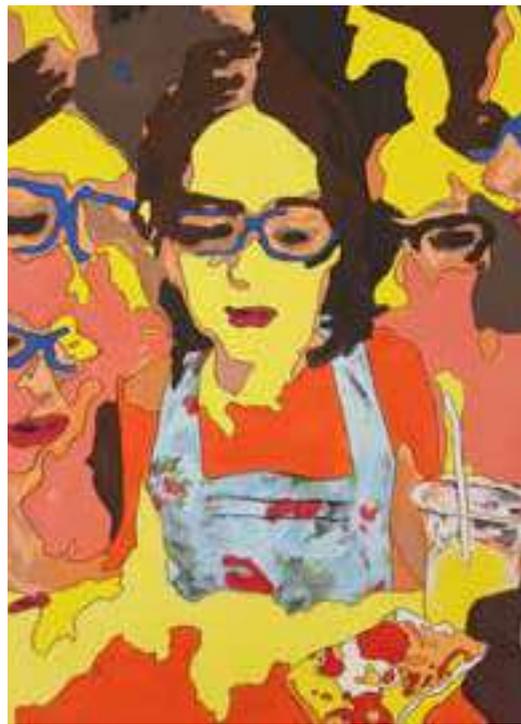
As a local educational toy design and manufacturing company, 4M not only promotes the STEM educational philosophy prevalent in many countries, but for decades we have also been advocating the integration of Science, Technology, Engineering, Arts & Creativity, and Maths (STEAM).

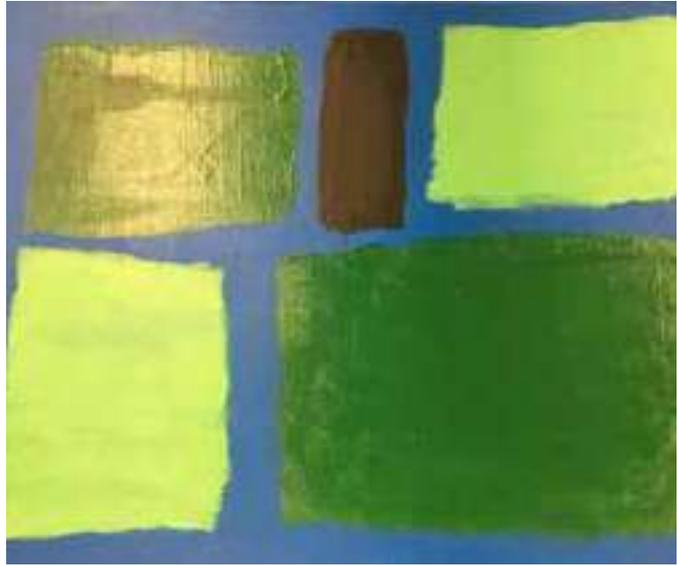
Primary Art Gallery





Secondary Art Gallery





Performing Arts

Secondary Orchestra Shines at the CIS Job Fair

By William Goldring, College-Wide Music Coordinator

As part of the opening of the CIS Job Fair hosted by RCHK on Friday 13 October 2017, the Secondary Orchestra performed 'The Magic Flute' by Mozart; a staple of classical music repertoire. This performance came after only three rehearsals, yet the group of around 30 students achieved an excellent rendition, which was warmly appreciated by the audience. Students from Year 7 to Year 13 took part, led by Tao Chen, our Year 13 music scholar.

A second notable achievement this term came when the Orchestra, for the first time ever, performed the 2nd movement of Grieg's Piano Concerto Op. 16, featuring DP Music student Tommy Ng on piano, as part of his Diploma recital. This piece, from the Romantic era, is very expressive and involves a lot of rubato (freedom for the soloist to slow down/speed up), which presents a challenge to the orchestra to follow his lead. Tommy's playing was extremely impressive, and the Orchestra did a fantastic job in supporting him. These two performances show the ever-increasing range of musical opportunities and challenges enthusiastically taken on by our students.



Drama Report

By Amelia Valencia, Year 10

During Creative Arts Day on Tuesday, 24 October, Drama students got to learn all about Verbatim Theatre, which is a kind of performance about a specific real life event. The entire script is made of extracts of interviews or news articles, and the actor or actress must only say the words that the specific character said; the script memorised word by word. We started the day off by getting a brief explanation on what Verbatim Theatre is and we got to

see a clip of a Verbatim piece. Afterwards we split into groups and were assigned to make a presentation about a specific Verbatim play and then we had to make our own Verbatim piece about any recent topic. I enjoyed Creative Arts Day very much because we got to fully immerse ourselves in one form of theatre for an entire day without any distractions. All of the Drama students' pieces turned out very well; you could tell they spent time choosing their topic and perfecting their work.



Music Report

By Olivia Kim, Year 10

Music students got to experience a different perspective of hip-hop during Creative Arts Day. We were able to get out of the classroom, go to the gym and receive a class on hip-hop dancing. It was a great experience for the class as we were able to have fun and learn something different and new, while expanding our experience of different branches of the arts. We had a class dance battle which ended up including the

teachers; this, of course, made our experience even better. We were also given time to work on our end-of-unit performances which were raps that we wrote. These raps would be performed as a group to our classmates. It was entertaining to see how our classmates would be rapping about serious issues, some taking a very serious tone while others took a humorous approach. This day was an interesting and entertaining experience that gave us opportunities that we can't always have in our usual classes.



Photos, Music, Flowers and Fun

Jie Jie Day Returns to Honor Domestic Helpers in Grand Style

By Claire Rees, Head of Visual Arts

On a sunny Friday afternoon on 29 September 2017, RCHK paid tribute to the domestic helpers in our school community with Jie Jie Day (Domestic Helper Appreciation Day). Bernice Tao led an army of students under the mentorship of many teachers to create an afternoon tea that offered impeccable service, beautiful decorations and talented performers.

“Jie Jie” means “older sister” in Chinese. There are an estimated 320,000 domestic workers living and working here in Hong Kong as an invisible force, cooking, cleaning and taking care of our families when we might not have the time to ourselves.

“Jie Jie Day was once again a joy for everyone there - for the helpers, for more than 100 student volunteers, and for the teachers and guests. While Jie Jie Day happens only once a year, we should always appreciate the sacrifice that they make to leave their country and children behind so that they can earn a living and provide for their families.”

Sometimes they are taken for granted, and this is how the first Jie Jie day came into being in 2012; initially started by teachers Carol Paterson and Katheryn Bignold along with a few other students to appreciate and give back to the helpers in our RCHK community. It started out as a small

event in the 6th floor seminar room, but soon grew to be what it is today.

This year, 300 helpers were welcomed into the PAC with a rose and a raffle ticket for the popular lucky draw. Those with children were escorted to the childcare facility where they could leave them under the close supervision of teachers and students.

The PAC was soon filled with laughter and chatter and an atmosphere of excitement and warmth. The helpers were served a gourmet lunch designed by Chartwells that took inspiration from the cuisine of both Indonesia and the Philippines. While the helpers socialised with old and new friends, the servers - student volunteers - did their best to make them feel welcome. A Primary team of photographers took polaroid photos that they could take away and cherish. Handmade props and signs were made to add humour and colour to the photographs.

The entertainment program consisted of both Primary and Secondary bands, as well as parent superstar Emily Derry, who wowed the audience with her rendition of "Ikaw" by Yeng Constantino. Parent, local celebrity and Nike trainer Utah Lee then led an energetic dance session where Jie Jies enjoyed strutting their moves to popular songs with lots of laughter. Finally the students created a documentary showcasing the appreciation and gratitude for the incredible service that these women perform day in and day out. During these performances, the student pampering team added a hint of glitter to the faces of our Jie Jies to embrace the party atmosphere.

Our resident MC Sam Nicolson fired up the crowd with a very generously stocked lucky draw that many local businesses contributed to. RCHK would like to acknowledge the following Sai Kung businesses and thank them for their kind and overwhelming support of this community event: Kidnapped Bookshop, Ali-Oli Bakery, Chinese

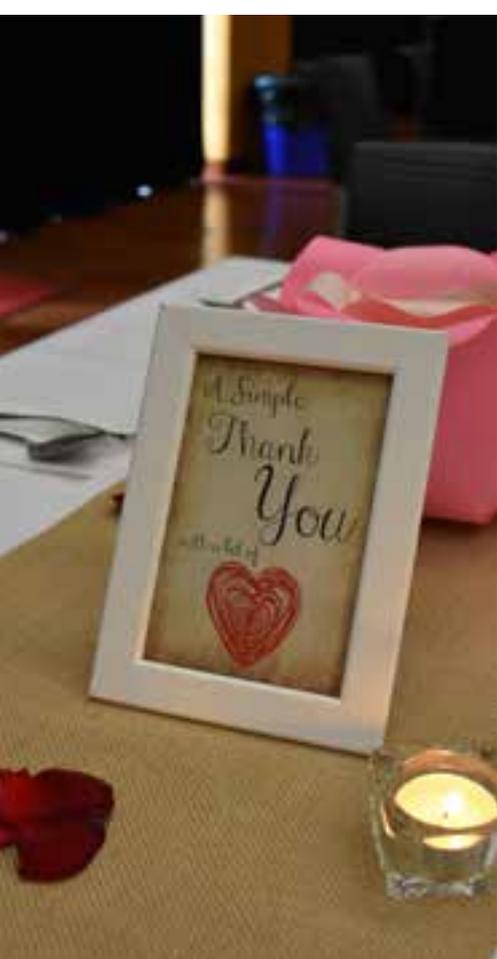
Kitchen, Sabai Day Spa, Shape Up, Comfort Zone, Jaspa's, Piccolos, Sun Ping Bicycle, Zone Massage, Talia's Hair and Beauty Centre, Aphrodite and Basecamp. We would also like to thank Jen Schmitz for coordinating the sponsors for the lucky draw - without her hard work and effort to rally support, the event would not have been possible.

Dr. Harry Brown shared a few words of welcome before introducing VIP guest speakers Mr. Mandala S. Purba from the Indonesian Consulate, and Ms. Devi Novianti from the Equal Opportunities Commission (EOC) of Hong Kong to address the Jie Jies and thank them for their diligence and commitment to Hong Kong society. We were also grateful to have the presence of Ms. Belinda Greer, ESF Foundation Head.

The day could not have been possible without a college-wide community effort. Families were very generous in their donations for the gift bags and student support was fantastic. The Primary school created a "Thank You" wall where children shared their feelings of gratitude towards the helper community - a very strong backdrop to such a wonderful event on the school calendar.

Jie Jie Day was once again a joy for everyone there - for the helpers, for more than 100 student volunteers, and for the teachers and guests. While Jie Jie Day happens only once a year, we should always appreciate the sacrifice that they make to leave their country and children behind so that they can earn a living and provide for their families.







In the Spotlight

RCHK and Sha Tin College Collaborate to Launch the OWN Future Fair

By Hilary Lo and Winkie Law, Year 11

On Sunday 22 October 2017, RCHK partnered with Sha Tin College to co-host the OWN Future Fair on our school campus. Working with OWN Academy, a Hong Kong-based education innovation company, the fair aimed to empower and assist the next generation of learners by providing an opportunity for students and parents to learn more about potential career paths.

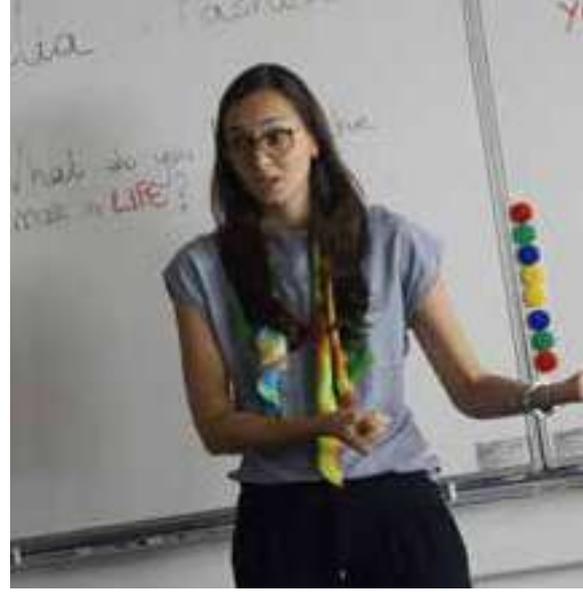
The official start of the fair was marked by a screening of the short film "Creativity Is.." and a speech from Natalie Chan, the founder of OWN Academy. With 13 different locations, the fair covered a multitude of different career paths, from social entrepreneurship to public relations and even DJing and acting. Utilising the experience and resources of ESF, alumni and parent speakers from various fields of work were invited to speak at respective

panels and presentations, not only providing insight into personal experiences and career journeys, but further exploring future possibilities from the perspective of two generations.

The workshop series provided further insight through interactive approaches in areas ranging from media training to creative thinking. These workshops addressed the concerns of students and parents, holding them on parent mentoring skills and seizing the right opportunities, providing a well-rounded experience for all participants.

We sincerely thank Sha Tin College and OWN Academy, as well as all the inspiring speakers for working with us to provide our community with this exceptionally unique opportunity to understand the world beyond our current education. We look forward to welcoming the OWN Future Fair back to RCHK next year.







Growing Where You're Planted

By Elizabeth Ellis, RCHK Communications Manager

For Toby Chan, plants are more than just pleasant decorations on the compact urban landscape of Hong Kong - they are the key to his personal wellbeing. Chan, who graduated from RCHK in 2016, was the host of the gardening team for his CAS Project. He was directly inspired by his friend and mentor, Chung Chung, resident gardener here at the College since July 2011. The two men recently sat down together at RCHK to discuss their mutual passion for the natural world, and how they plan to share that passion with a new generation of students.

"I remember Toby as being very eager to learn, enthusiastic, always full of questions," says Chung. "Our common interest has built a solid friendship between us." Chan, who is currently studying at Heng Seng Management College in Sha Tin, says one of his favorite memories of RCHK is the learning process.

"When I first started school, I didn't value the whole learning process all that much," says Chan. "But learning is really satisfying! There are so many ways the teachers and staff here are positive and active (in students' lives) at all times."

For example, Chan recalls sending a science report to one of his teachers, who helped him check it for grammar and spelling before it was formally submitted. "You really understand the world a bit more by learning

different disciplines," says Chan. "At RCHK, the most important thing I learned was how to communicate and cooperate with others efficiently and effectively; which are skills very useful for building a career."

Chan says learning gardening directly from Chung was particularly valuable.

"He went into the detailed techniques and skills of gardening, like how you hold the tools, how you manage the soil and the amount of water each plant gets - information you really need to know," says Chan.

Over the years, Chung has organized all the plants and vegetation around campus to his specifications, making routine tasks - such as fertilising - easier to manage. Chan recalls that Chung would encourage him and his classmates to take conceptual ideas about how a plant or a landscape should look and be cut and presented and turn them into a reality, thereby customising the learning experience for each student.

"I really love working with the students," says Chung. "I enjoy their young energy; I get a lot out of it."

Chan and Chung are working together to host "Glorious Gardening" (GG), a workshop held for RCHK Secondary students in spring 2018 that will focus on plant observation, management, and experimentation.

"I believe these three parts can help students and myself learn even more about plants, and how we may be able to introduce new species of plants to the school," says Chan. "Doing this will also help students balance out their lives more by exposing them to green places and learn something different and refreshing."

Chan shared his concern that students today are getting too much screen time between smartphones, tablets and laptops, and learning about the natural world could not only contribute to the environment around them, but also to their own personal wellbeing.

"When I finish school and walk home, I see a lot of plants around me and I appreciate the variety of flowers they can produce," says Chan. "Their coloring is beautiful and natural - not manmade. You can use an iPad or computer to manipulate an image of that flower, but you can't replace the actual true color - why don't we value the actual thing rather than focusing on the image itself?"

One plant that Chan would specifically like to try to grow locally is the Myosotis; more commonly known as Forget-Me-Nots, which are found commonly in colder climates.



"Having learnt a lot from Mr. Chung, I think the info and knowledge conveyed is unique and specific, which is only from personal experience," says Chan. "On the other hand, gardening may be a boring job but there's actually a lot to aware of. This is similar to life, there's a lot to be aware of and a lot to learn with infinite possibilities. In the end, this knowledge can be applied to help us turn imagination into reality by achieving the impossible. That is why we should keep learning."

Stay tuned for more information about Chan's workshop on the RCHK website and social media pages!



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Alumni and Community

Rachel Poon

Class of 2017



Hi there RCHK! I am currently studying my first year of Veterinary Medicine and Surgery at the University of Edinburgh. I chose to study veterinary medicine because of my own experience, passion for animals, animal welfare, public health, and medicine. Animals have always been a part of my life and my experience with them has developed me as an individual, led me to different opportunities and they are so important to me. I knew ever since childhood that this would be a vocation I am prepared to embark in and dedicate my life to. If you are unsure about your own passion, it is normal, take some time to explore - you will find it!

Frankly, The University of Edinburgh was not my first choice in Year 12, but this all changed in Year 13. Veterinary medicine requires an interview process prior to giving you an offer. Being an applicant to four different vet schools across the UK, the University of Edinburgh had the best interviewing process - it was laid-back, genuine, friendly and they truly value you as an individual. Many universities wanted to know why they would want to consider you, whereas the University of Edinburgh wanted to know why you should consider them. Other RCHK alumni studying in the same university also offered me insight into their student life and ever since then, the University of Edinburgh became my first choice - it was their ideologies and their attitude that changed my decision, which you should also consider before choosing. There is no point in studying in a university that won't make you feel happy, or if you're only considering it because of its name (obviously, also considering your CV and grades)! Being a member of their student body for a few months now, I'm happy with the choice I made. I've already developed valuable and irreplaceable friendships with people of the same passion and mindset, embarked on studying something I am truly passionate about and enjoying life as a whole. I'd say this is the peak of my life by far - I have never been happier.

"I am truly passionate about and enjoying life as a whole. I'd say this is the peak of my life by far—I have never been happier."

way, so give it your all and try your best!

Being someone who worked hard to get into vet school, I've done

The IBO is a very knowledge-extensive and intensive course, it trains your perseverance, patience and integration skills, but despite its value to many universities, it is notorious for its difficulty. The extensive list of IB-related abbreviations that would determine my future haunted me for months! Thankfully though, RCHK has very dedicated staff that helped me get through that stressful stage and that provided me with realistic prospects to my future in relevance to my grades and experience. RCHK also had teachers that prepared me for exams and even interviews; teachers that genuinely cared about my wellbeing. If you feel as if you're alone in this, you're not! I was one of those people that stressed over academia a lot - school is important, but it is never as important as your wellbeing and mental health. IB can be very stressful, which is understandable, but remember that there is no point in compromising your mental health for it! Fortunately, RCHK's extremely helpful staff, your head of Year, teachers that advocate for mental health, the wellbeing team and your entire cohort help you through the process. I am extremely thankful to many of these staff members for their help. It is important that you realize your teachers want to give you the marks, they want you to do your best and help you along the

an extensive amount of extracurricular work. I was part of leading the first aid team, animal welfare groups, volunteered in several animal shelters, sought work experience in every holiday I got, took summer courses, got multiple certifications for medicine-related skills (first aid, mainly) etc. You do not need to go to this extent, as long as you're doing enough to get you into a good university. It is important that if you are considering veterinary medicine to do gain relevant experience, but don't forget to be mindful of developing yourself outside of it! Animals will become a part of your daily life, so there are times when you should be able to enjoy yourself outside of it. Try music, sports, learning a new language, anything! Don't limit yourself to school or activities that build your resume. Studying is also very important, so try to balance your life well enough, that you get a fair share of studying, family life, social life, and personal time. With the IB, everything is stressful, but with moderate balance, everything does work out just fine. Try to keep a positive and optimistic mindset; it will do you a favor in the end. Quoting Mr. Stewart Redden (Vice-Principal, Secondary): "Try to study in intervals and not bursts!"

When considering your major, remember to consider yourself first, what you want and your own passion. Then look at the school: is the country or environment good for you, is it affordable, and then realistically, are your grades good enough? When in doubt, don't forget to talk to others, such as the RCHK staff that are available to help you! They all want to help; you're never alone in this process. Try not to procrastinate in the university application; your personal statement and essays are very important. Try to make several revisions and edit everything as much as you can. Lastly, if you are struggling or feeling lost at the moment because of school, don't worry - it will change. Your exam or test is just another piece of paper, which doesn't determine you as a person. Many universities consider you as a whole person and not just your grades! Best of luck!



Hazel Yeung

Class of 2016



Hi RCHK! I am currently studying Bachelors of Music in Classical Violin at Manhattan School of Music. Having played the violin for almost 12 years, I have always longed to study music in New York City, a cultural hub that offers a plethora of musical opportunities just around the corner.

Approaching the fourth month of school, I still remember how shocked I was when I found out that my theory teacher was a student of Arnold Schoenberg and a good friend of John Cage. I couldn't believe that I was studying with a student of the very own composer who invented the twelve-tone serialism composition technique, as it still feels as though yesterday when we learned and wrote our own twelve-tone series in DP music.

Life at MSM has enabled me to devote more time to practice consistently as the workload from our core classes are quite manageable. Apart from weekly private lessons, studio class has also helped me to improve on my performance technique. Aside from music, the humanities classes offered by Columbia University has allowed me to delve into the world of ancient civilisations and great works of classics. Additionally, one of the best parts about studying at MSM is the free tickets offered for various concerts held from Carnegie Hall to the New York Philharmonic, which has constantly influenced me to work harder towards my goal to become a better musician.

Within these few months, I have learned a lot more about myself. In particular, I realized how important it is to focus on myself instead of having the constant urge to compare myself to others. I came to acknowledge how unfair it would be for me to compare myself to those who may have studied in a music school since they were 7, so now, I gradually learn to transform the feeling of inferiority into a source of motivation.

Approaching the end of the semester, I look forward to working with the school backstage and the production team, as well as busking around the streets of New York. And to current Year 13s, you are almost there! I wish you all the very best!

Alumni and Community

Natalie Law

Class of 2017



It's only been six months since the end of my IB exams and I said goodbye to past papers and mark schemes. That didn't mark just the end of high school, but also time to let go of previous mindsets and expectations.

Whether it be MYP or DP, we are taught to give a balanced analysis. In real life, however, we actually have to choose between these options. After the release of my exam results, I received offers to study medicine at both Hong Kong University (HKU) and City University of Hong Kong (CUHK). At first I wrote out a chart, listing out all factors, ranking their importance, hoping this would help me logically compare the schools. This did not do me much good - both options were "good" and "bad" to the same degree but in their own way. As the deadline for confirmation approached, I grew increasingly frustrated.

Thankfully, I decided to turn to the people I met at previous summer camps, who just finished Year 1 at these universities. (Tip: keep your contacts, and don't be shy to just message someone!) When I asked about why they chose their university, to my surprise their reasons were highly personal. This prompted me to reflect on what I wanted out of the next six years. It is true that the "outcome" would be the same, but to me, "outcome" means more than "qualifications". With new technology and societal expectations, it is not enough to just be a physician - both schools understand this and make the effort to accommodate for additional interests, but the arrangement at CUHK simply seemed to better suit my particular interests for math and statistics. HKU has an "Enrichment Year" during the third year, but I didn't think I would pick up such areas after two years of academically rigorous medical studies as my math skills would become rusty. However, at CUHK, I would be pretty free during the first year to take additional courses and indeed, for the first semester, I enrolled myself in a statistics class. Additionally, I think that an "outcome" of studying at university is to grow into the type of person I want to be. At CUHK I felt like I was able to find more role models - professors and students who were ready to challenge convention.

When one is taking an exam, uncertainty is something to be fixed. In life, however, it is not uncommon and does some good if you're willing to reflect. Becoming a doctor was not something I deem a "life goal". I simply like the sciences very much, and I am satisfied where I can engage with the knowledge and propose novel insights to different questions, whether it be through research or business. I did not actually settle on applying to medical school until Year 13, which often made me feel bad since my peers in comparison seemed so resolved. Here, I realize that I am not unusual - when asked in private settings, a handful of classmates admit that they only chose medicine because their grades were "good enough" and it seemed like a respectable path. For some of them, uncertainty is an excuse for slacking off, but for me, it has been the opposite. No matter what, I try my best to make the most of all opportunities, hoping to extract what is nurturing. Of course, there are still days where I have doubts about my choices, but every day my reason for being here grows and evolves.

At university, the extent to which life revolves around school is greatly reduced. Not long ago, I was just a "student". Now, I'm a "grown person" and I must reallocate my time based on new responsibilities. I'm extremely glad I was offered a place at one of the three fully residential colleges of CUHK (to future students - make sure to do research in advance about different colleges!) and it has been great fun living with others, learning how to manage our new lives together. In terms of scheduling, living on campus makes it easier to join different activities and stay highly engaged. I recently participated in a medical student's drama production, and I'm currently on the college rowing team - both require commitment until late at night, so it's very nice to stay nearby.

There's lots more to life as a Year 1 medical student and life at CUHK in general. Don't be shy and feel free to send me a message on Facebook if you have any questions at all! Life at RCHK taught me some invaluable lessons, but life from here on requires putting some things aside. I hope that you will be open to these adjustments when the time comes!

The Big Picture



